

Add Colonic Hydrotherapy to Your Clinic or Wellness Retreat

A practical guide for clinic owners, spa operators and retreat teams considering professional colonic hydrotherapy training with Jane Bush MACH RT.



- Train suitable people properly
- Plan room, hygiene and client-flow requirements
- Understand payment, intake and professional-standard expectations
- Discuss UK-based or case-by-case team arrangements with Jane

Nottingham Colonic School

Jane Bush MACH RT · Founder of Gedling Colonics · Former ARCH chair

colonicsschool.com · 0115 882 0292

1. Who Should Train?

- Decide whether the owner, a senior therapist, an existing bodywork practitioner or selected team members should train.
- Every practitioner who will deliver treatments needs suitable training, appropriate insurance and clear professional standards.
- If the business owner is not the treating practitioner, Jane can discuss whether the proposed team member has the right background to begin.

Talk to Jane before committing your team

Training, suitability and professional standards come first. Team and international enquiries are reviewed before any payment route is suggested.

2. Requirements to Check Early

- Level 3 anatomy and physiology is the minimum requirement for the Nottingham Colonic School course.
- First Aid, DBS and student insurance are required. Additional bodywork or nutrition training may be advised depending on background.
- International students and organisations should check local legal, professional and insurance requirements before offering treatments.

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3. Course and Cost Planning

- The standard course fee is GBP 3,500 per place. A GBP 500 non-refundable deposit secures a place, with the GBP 3,000 balance due later under the current course terms.
- Small-group UK intakes usually have 3 students. Teams that need larger or different arrangements should speak to Jane before payment.
- The training pathway is designed to be professional and structured, not a weekend certificate.

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4. Room and Service Planning



- Before launching, review room privacy, hygiene flow, client comfort, consent, screening, aftercare, records, storage and insurance.
- The service should be planned around trained practitioners, professional client care and realistic clinic operations.
- WeBoost can support website, SEO and growth systems after the training route and clinical standards are clear.

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5. Enquiry Routes

- Individual students can reserve a place on an approved UK intake once they meet the suitability requirements.
- Clinics, spas and retreats should use the team-training enquiry route, especially where several people may need training.
- International enquiries are reviewed individually. Nottingham Colonic School is UK-based and does not claim a training centre in each country.

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6. Next Steps

- Discuss your business type, location, proposed trainees and ideal timeline with Nottingham Colonic School.
- Jane can advise whether the individual student route, a team discussion or an international enquiry is the best next step.
- Contact Nottingham Colonic School on 0115 882 0292 or visit colonicsschool.com/train-your-team/.

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